

Raincastles Clinic, 65 Duke Street, Darlington, DL3 7SD

By Train: Darlington Station is on the main GNER, Virgin cross country and Transpennine routes situated approx. 1 mile from the clinic. Station Taxis operate from the station which include wheelchair accessible vehicles (tel no. 01325 382222).

By Road from the South: From A1(M), take the A66 junction 57 marked Teesside and Teesside Airport.

1st roundabout - go straight on following signs for A66 Darlington.

2nd roundabout – 1st exit sign posted A67 Barnard Castle.

Next roundabout – go straight on sign posted Memorial Hospital B6280.

Take the 4th right (sign posted Arts Centre) into Abbey Road.

Go straight on at the 2 mini roundabouts.

Next roundabout – go straight on which is Duke Street.

Clinic situated on the right hand side marked Duke Street Chiropody and is next to Sandersons. Clinic is on the ground floor, 2nd door on your right as you enter the building.

Car Parking: There is paid parking up to 2 hours outside (40p for 30 minutes). On the left hand side is a car park (£3.40 for 5 hours or £4.20 for 6 hours). Further car parking can be found in Barnard St (2nd left down Duke Street). There is free car parking in surrounding streets.

By Road from the North: From A1(M), take junction 58 marked A68 Darlington.

On the motorway exit roundabout – 1st exit sign posted A68 Darlington.

Next roundabout – go straight on following A68 Darlington.

Traffic lights – go straight on.

Next roundabout – go straight on following A68 Darlington.

Next roundabout – 1st exit sign posted Town Centre A68.

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After about a mile, you will see a Shell Petrol Garage on your right and next to it St Teresa's Hospice. You will need to take your 3rd right after the Hospice, marked Stanhope Road North.

At the roundabout – go left into Duke Street.

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